

शैक्षिक अनुभाग / ACADEMIC SECTION
NATIONAL INSTITUTE OF TECHNOLOGY SILCHAR

Acad-112/18

NOTICE

DATE: 20- 08-2025

The time table for the YOGA course for 1st semester (ongoing session) PhD and PG programme 2025 is given below:

Programme	Department	Days	Time
PG (MSc)	PG (Chemistry + Mathematics + Physics)	Monday	Place : SAC building TIME : 6:00 pm to 8:00 pm
PG (MBA)	PG (MBA)	Wednesday	Place : SAC building TIME : 6:00 pm to 8:00 pm
PhD	PhD (All department)	Sunday	Place : SAC building TIME : 7:00 am to 9:00 am

concerned students 2025 (entry batch) are asked to attend the session regularly.

The YOGA course shall commence from **25.08.2025** onwards. As it is a course, minimum attendance of 75% is required.


20-08-2025
Assistant Registrar (Academic)

Copy forwarded for kind information/necessary action to:

- 1) All Deans & HoD's
- 2) Mr. M. Suraj Singh, Sports Officer for compliance
- 3) Sr. Technical Officer for uploading in the Institute Website
- 4) All Notice Board